

Kathleen Stefanelli JIFH Club Director

Kathleen Stefanelli serves as Director of Jersey Intensity Field Hockey. JIFH has emerged as an elite level, championship caliber NJ travel club. JIFH has experienced great success over the past several years at all the major United States Field Hockey Association (USFHA) National showcases and has helped numerous athletes attend the colleges of their choice. Intensity has garnered Gold Medals at the 2004, 2006, 2007 and 2008 Hockey Fest (winning the U-16 age group 3 yrs in a row) and has also won Gold Medals in both the U-16 and U-19 age group at the National Indoor Tournament in 2007 and 2008. JIFH most recently won the 2009 U-14 National Indoor Tournament with an undefeated record.

As a Player:

- 1st Team All-American and 1st Team All-State (NJ) performer at Shore Regional High School. (1994 Grad.)
- Four - year starter for **Princeton University** where she was selected as a **Four-time All-American**.
- Captained the 1996 & 97 teams that participated in the NCAA Div. I Final Four.
- Played on the **Under 21 National Team** in 1997.
- Selected to the Newark Star Ledger **1990's NJ Field Hockey Team of the Decade**.
- Served as Assistant Coach for **Monmouth University** from 1998 – 2002.

Nigel Traverso

U-19 Festival/Disney/Indoor Coach

Nigel Traverso

Co-Founder and Director of Big Apple Field Hockey, Inc., a Not-For-Profit organization. Current Assistant Coach for Men's National Indoor Team. Jersey Intensity U-19 coach since 2006.

Honors

2000–2004: United States Olympic Committee (USOC) – Director
 1992–2004: USOC Athlete Advisory Council (AAC)
 1992–2004: United States Field Hockey Association (USFHA) – Director
 2001–2004: United States Field Hockey Foundation (USFHF) – Director

As a Player:

1983–1995: Member of the USA Men Field Hockey Team
 1983,1991,1995: Pan American Games (Venezuela, Cuba, Arg.)
 1984: Olympic Games (United States)
 1991: Olympic Qualifier; Captain (New Zealand)

As a Coach:

2000 – Present: Assist. Coach USA Men Nat. Indoor Team
 1997–2004: Assist. Coach in the USA Men Nat. program.
 1999 – Assist. Coach, Pan American Games, Winnipeg, Canada

QUESTIONS & ANSWERS

Mission Statement:

Jersey Intensity Field Hockey is committed to pushing every athlete to their maximum potential. We will provide athletes the opportunity to excel in field hockey with year-round practices and tournaments.

What type of player is Jersey Intensity looking for and what are the benefits of playing on a club team?

This elite training program is for those athletes who have the ability, desire and commitment to train at an intense level. We are looking for the player who is willing to give their time and energy to improve both as a team and individual player. JIFH is also looking for the athlete who wants to continue playing at the collegiate level. Players should be able to make the commitment to summer and fall practices for the Festival and/or Disney showcase. Practices will be held on the Monmouth University "So Sweet A Cat" Field Hockey Turf.

JIFH will also start an "ACADEMY" program for those athletes wishing to train in a team environment but need more time honing their skills before moving up to one of our elite, travel outdoor squads (U-12, U-14, U-16/19 age groups).

The Jersey Intensity field hockey staff is made up of ALL successful former college players and National Team members. We have all been through the recruiting process, both as players and as Division I college coaches, and are here to help as you and your family go through the recruiting process.

Year round training where every athlete is working to make it to the next level is one of the biggest benefits of playing on a club team. Playing in tournaments throughout the year not only improve your game but provide an opportunity for you to showcase your skills. College coaches are often in attendance at club tournaments.

What tournaments will the club enter?

After winning Gold in both the U-16 and U-19 age group, JIFH secured one slot in each age group for the 2009 National FH Festival held over Thanksgiving in Indio, CA. We will also be entering U-19 and U-16 teams into the lottery for additional festival entries. In addition to hockey fest, JIFH will be sending teams in the U-19, U-16 and U-14 age group to the Disney Showcase, Feb. 4-7, 2010. For more information on these events go to www.usfieldhockey.com. Teams will also be entered into Indoor tournaments during the winter and modified outdoor tournaments in the spring (trials for indoor season occur in Dec).

What age group is the club for?

Teams are forming for U-19, U-16, U-14 & U-12. Age as of January 1, 2009 for November hockey festival and Jan. 1, 2010 for Disney showcase in Feb. of 2010. **Example**— you must be 15 or younger on Jan. 1, 2009 in order to be eligible for the Under-16 FESTIVAL Team.

How much does it cost?

Players are responsible for practice fees, tournament fees, uniforms, coaching fees and travel.

How do I try out?

Fill out the enclosed form and mail along with full payment to JIFH. Space is limited so no walk-ups will be able to participate. Sign up early!!

**FOR MORE INFORMATION ON THE CLUB PLEASE
 VISIT WWW.INTENSITYFIELDHOCKEY.COM**

Please fill out registration info below and parental release form on next page and mail along with payment (checks payable to **Jersey Intensity Field Hockey**) to **46 Maryland Ave., West Long Branch, NJ 07764**. \$15 fee charged for returned checks. A confirmation e-mail with more information will be sent after form is received.

Note: **These try-outs are for athletes wishing and able to go the National Field Hockey Festival over Thanksgiving in California or to the Disney/USFHA showcase in February (see www.usfieldhockey.com) or for athletes wishing to be apart of our training academy teams.** Athletes will be notified through e-mail if they make one of the teams (please include working e-mail address).

Name: _____

Trial Dates Attending: _____

Please write your age as of the cutoff date by which team you wish to try-out for (you may try out for both the hockey fest and disney event):

U-16 festival team (age as of Jan.1, 2009): _____

U-19 festival team (age as of Jan.1, 2009): _____

U-14 Disney team (age as of Jan.1, 2010): _____

U-16 Disney team (age as of Jan.1, 2010): _____

U-19 Disney team (age as of Jan.1, 2010): _____

Academy Team Only (mark age grp.): _____
 or I would like to be considered for Academy team ONLY if I don't make travel squad (mark age grp): Yes or No _____

Address: _____

Town: _____ State: _____

Zip: _____

Age: _____ D.O.B. _____

Age on Jan. 1, 2009: _____

Grade (2009-2010): _____

School (2009-2010): _____

Level of Play: Var. _____ JV _____

Fresh. _____ Grammar School Team _____

Yrs. of Experience _____ Position: _____

Please list any honors (Add another page if needed): _____

E-Mail Address (please write clearly): _____

Name of Parents/Guardian: _____

Telephone: (____) _____ - _____

Work #: (____) _____ - _____

Emergency Contact: _____

Emergency Phone: (____) _____ - _____

Office Use: Check #: _____ Amt: _____

Parental Release

Athlete's Name: _____

Is the above named allergic to any of the following?:

Medications – Insect Bites/Bee Stings – Foods – other
No Yes

If YES, indicate what _____

Is the above presently taking, or will need to take any

medication during his/her time at camp? No Yes

If YES, Please indicate name of medication(s), dosage and reason for taking.

Please list any current medical condition that may interfere, in any way, with full participation at camp; for example – Asthma

I certify the above named individual is physically fit and able to participate fully in the above indicated Jersey Intensity Field Hockey camp(s).

I give my permission to the above named to attend and participate in the Jersey Intensity Field Hockey sports camps. Furthermore, I hereby grant permission to the camp staff to render preventative, first aid and/or emergency treatment that they deem necessary to my daughter's health and well being. In the event of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the camp staff to notify the designated contacts (parent/guardian will be contacted first) in the most expeditious manner possible. If said staff is unable to communicate with me, the treatment deemed necessary for my son's/daughter's best interest and well being may be given. I hereby:

** Certify that, to the best of my knowledge, the medical information requested is complete and correct.

** Agree to assume all risk of personal injury arising from participating in the Jersey Intensity Field Hockey LLC camp, and understand that the sport indicated above involve the potential for injury.

** Agree not to hold the staff responsible for any injury(s) sustained during participation at camp.

** Agree not to bring suit against and/or its staff for any injury sustained.

** Understand that if necessary, in the judgment of the camp, to use outside medical, surgical or dental treatment for the camper's health and well being, that all such expenses shall be the responsibility of the parent or legal guardian.

Please be advised that it is imperative that your child be in good health when arriving at camp. The duties of the camp personnel cannot include providing medical care for campers arriving at camp with a pre-existing condition.

I have read and fully understand the above:

Parent/Guardian signature

Date

Jersey Intensity Field Hockey, LLC
46 Maryland Ave.
W. Long Branch, NJ 07764
www.intensityfieldhockey.com



“PROVEN SUCCESS”

Elite Travel Club Trials Events:

**U-19/U-16 USFHA Hockey Fest
Indio, CA - Nov. 25-29, 2009**

And/Or

**U-19/U-16/U-14 USFHA/Disney Showcase
- Feb. 4-7, 2010**

Academy Club Team Trials (U-12/U-14, U-16, U-19)

When?

U-14/U-16/U-19:

Sun. April 19th - 8:30 – 11:30 am;

Sun. May 3rd – 8:30 – 11:30 am;

****YOU CAN ATTEND one or both trial
sessions if you wish****

(Age as of Jan. 1, 2009 for November event
and Jan. 1, 2010 for Feb. Disney event)

Fee

\$45 for one session, \$80.00 for both

Where?

Monmouth University
Outdoor Artificial Turf (Home of JIFH)
Cedar Ave, West Long Branch, NJ 07764

**Kathleen Stefanelli
Jersey Intensity Field Hockey**

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West Long Branch, NJ 07764

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